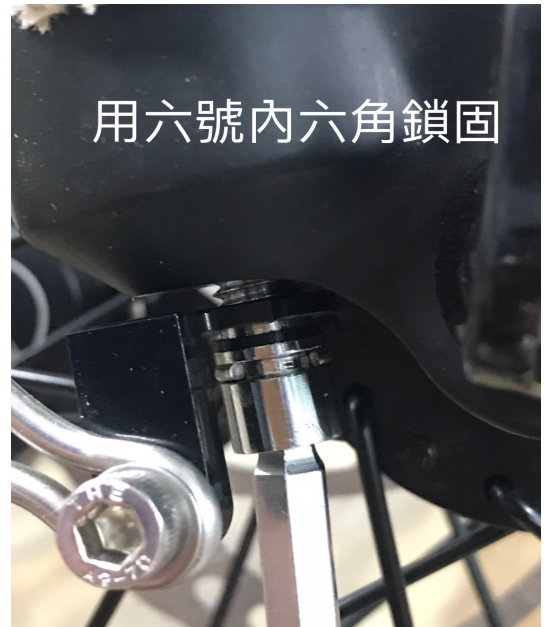


1) Simply pull apart the 2 parts of the screw. It will look like this when done.

Left (with red cap) is the adjustment screw. Right is the inside screw.



2) Use number 6 hex tool to screw in and tighten the inside screw to the bottom of the fork.



3) Simply press in the adjustment screw into the inside screw.

